



PORT PHILLIP LIFE ACTIVITIES CLUB

NEWSLETTER

Activities and Diary

July August September 2023

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Membership Form click [here](#)



PPLAC is a member club of
Life Activities Clubs Victoria Inc.
(LACVI)

Email: office@life.org.au
www.life.org.au



Welcome to new members

David Andrewes
John Lang
Mary Reynolds
Maureen Russell
Cherry Symons
Gail Thomas

Contact us

Port Phillip Life Activities Club (PPLAC)
PO Box 717, Port Melbourne VIC 3207
Website: www.lifeportphillip.org.au

Registered Association A0052780P

Committee			
President	Tugomir Tucun	0413 883 815	president@lifeportphillip.org.au
Secretary	Deb Browne	0439 316 494	secretary@lifeportphillip.org.au
Treasurer	Tugomir Tucun	0413 883 815	treasurer@lifeportphillip.org.au
Membership Secretary	Jan Mulder	0421 073 041	membership@lifeportphillip.org.au
Club Carer	Diane Steffensen	9699 7837	west61256@gmail.com
Convenor Co-ordinator	Diane Steffensen	9699 7837	west61256@gmail.com
Newsletter Editor	Patricia Neden	0419 623 585	patricia.neden@live.com.au
Member	Robert Barnes	0408 703 809	bittalo@bigpond.com
Member	Judy Chow-Fairhall	0404 132 661	judychow61@hotmail.com
Member	Ann Franklin	0412 296 231	anntfranklin@hotmail.com

Thinking of joining?: Try an activity or two by emailing or calling the Membership Secretary who will arrange with the convenor(s). Then you can decide whether to join PPLAC.

New members: Welcome to our club. To join in an activity, give the convenor a call so they can meet and greet you and introduce you to others.

Change of contact details:

Please advise the Membership Secretary of any changes to your contact details (address, phone, email, etc).

Membership Form: click [here](#)

EFT payments-so we know who paid us:

When paying via your own internet banking, please ***remember to put your name in the Description/ Reference field eg. "J Citizen subs"***.

If paying in person at a local bank branch, we have been told some banks only accept numbers in the description field. Please ***use the last 4 or 6 digits of your phone number & let the Membership Secretary know.***

Bank details: Westpac Bank.

BSB: 033 018

Account No: 152062.

Account name:

Port Phillip Life Activities Club Inc.

Insurance: The club has a comprehensive insurance policy for activities run by the club and our Secretary is the contact person. Please advise us regarding any incident that may require an immediate claim or possibly lead to a claim in the future. Also report any incident which could have caused an injury, but didn't (a near-miss).

Club Carer: Do you know of any member who is unwell or has been through a recent tragedy? Please contact our Club Carer.

New activity: Got an idea for a new activity? Contact our Convenor Coordinator, who can help you get it started with lots of advice and support.

This Newsletter is printed by courtesy of the Office of Nina Taylor MP, Member for Albert Park

President's Snapshot

A message from Port Phillip Life Activities Club President, Tugo Tucun

*I'm pleased to note that we had 40 **new members** join our Club this year. We extend a very special welcome to them all.*

It's that time of the year where we need to consider taking on more members on our working committee. We were very fortunate to welcome some new enthusiastic candidates at the beginning of the year and they have proven to be great assets to our team. We are always on the lookout for more people who have diverse experiences and fresh ideas.

Our **Annual General Meeting** date has been set for **Monday 21 August, 2023** and this is the time we encourage you to consider putting your name forward, if you are willing to make a commitment and contribute some of your time and effort.

Further details about the **AGM** will be forwarded to you via a flyer closer to the date. But in the meantime, please note it in your diaries.

LACVI, our parent or umbrella organisation, have increased their levy for the coming year from \$6 to \$12 per person. However, in view of the healthy state of our finances,

your committee has decided not to increase the annual Subs and have opted to review the situation at the end of this year.

Subs become due and payable as from 1 July, 2023 and we welcome prompt payments. Payment options are noted on our New Membership Form which is attached for your information.

We do not ask that existing members re-submit new forms every year but we do emphasise the need to keep us updated with any changes in your contact details.

On a sad note, I'd like to extend our deepest sympathy to our long time member and Convenor, Brian Bethune, whose partner, Sheila Quairney, passed suddenly in April. Sheila was a member of this Club and President of Port Phillip U3A. She will be sadly missed.

We look forward to catching up with you in the near future at functions organised by our keen and energetic convenors who have been kind enough to continue giving up so much of their time and effort ... very much appreciated and gratefully acknowledged.

Kindest regards, **Tugo**

Out and About

Melbourne River Cruise March 2023

Melbourne turned on a sunny afternoon for a most enjoyable one hour down river cruise, passing many of Melbourne's landmarks. The extent of the development at Docklands was most evident from the river view.

Following the cruise, we enjoyed a meal at a Greek restaurant at Southbank to cap off a very relaxing & pleasant day. **Rob Barnes, PPLAC Committee member**



Old dog, new tricks? RUMMIKUB

I dispute the saying "You can't teach an old dog new tricks." I may be an old dog, although not as shaggy or saggy as some folk I could mention, but I'm certainly prepared to learn a few new 'tricks'! My most recent effort is a game called Rummikub, new to Port Phillip Life Activities Club (PPLAC).

Not one to resist a challenge, being a devoted 500 player (even if they won't let me play with my favourite team-mate - because we keep winning) and a pretty reasonable mahjong aficionado, I went along prepared to be humbled. Unfortunately I wasn't disappointed!

Don't get me wrong, it's a great game played using coloured and numbered tiles, includes a few jokers, allows manipulations and requires strategic moves. I took to it like a duck to water. There's just one little rule (although

you'd think it was a MAJOR rule by the reactions I get when I try playing it) which my 79 year old brain just doesn't seem to compute – a tiny mental block to put it kindly!

I feel sure my dear friends and team mates at PPLAC will continue to be patient with me on this little minor matter – even if more than half of them think I'm 'having them on' to get a rise, and they might not be wrong

Tugo Tucun, President PPLAC



Out and About



Over 50 PPLAC members enjoyed a **Spit Roast** and time together.

April 27 at the South Melbourne Community Centre.

Mid Winter Lunch



Welcome PPLAC Members to lunch at

Kooyong Lawn Tennis Club

Hopman Bistro

489 Glenferrie Rd, Kooyong.

12 pm Tues 11th July.

There is a car parking area past the main entrance in Glenferrie Rd, next to the main tennis court on the north side of the club, just before the overpass that crosses Glenferrie Rd.

Train: Glen Waverley line to Kooyong Station. The club is just across the road from the station. (2 min walk).

Tram: No 16 (Kew) from Swanson St city, to tram stop No 66, Kooyong.
(Sightseeing ! long trip from city, as travels via St Kilda to Kew.)

Please enter the club by the main entrance & I will meet you in the foyer or give your name to reception & they will give you access to the bistro.

Dress code: Collared shirt for men.

Please contact Rob Barnes by 7th July if you wish to attend or for more info.

Mob 0408 703 809 or email bittalo@bigpond.com

Movies and live theatre



AFTERNOON CINEMA MONDAYS

Convenor: Rhoda 0421799781

Last Monday of the month
Rhoda selects a film showing either at the
Nova Carlton or Kino Collins Street cinemas
at an afternoon session.

The film and location are selected on the previous
Thursday.

Please ring Rhoda for details.

**31 July
28 August
25 September**



Malvern Theatre Company

29a Burke Rd, East Malvern

Convenor: Murray – 0429 163 813

Information on plays www.malverntheatre.com.au

The Whales of August

Friday 7 July @ 8pm

The Third Act

Friday 8 September @ 8pm

Tickets \$25

Please contact Murray if you're interested in attending

Brighton Theatre Company

Cnr. Wilson & Carpenter Sts., Brighton. 3186

Convenor: Murray – 0429 163 813

Information on plays www.brightontheatre.com.au

Fracked!

Or Please Don't Use the F-Word

Friday 1 September @ 8pm

Tickets \$25

Please contact Murray if you're interested in attending

Hikers to dawdlers



Bushwalking on Saturdays

Booking required

Convenor: Murray
0429 163 813

3rd Saturday of the month

Petrol cost is shared amongst walkers – usually between \$4 and \$6. BYO lunch, water, day pack, appropriate clothing and good footwear. Please contact Murray prior to the walk if there is a total fire ban or the temperature is predicted to be above 28 degrees, and also to discuss the length of the walk and degree of difficulty, if you are new to bushwalking or concerned about fitness level.

Pick up points to be advised.

Please remember – NO PERFUME as one of our members suffers severe allergic reaction.

15 July

19 August

16 September

Port Melbourne Wednesday Walks

Convenor: Rhoda
0421 799 781

Every Fortnight

Starting at **8.30am** from the Port Melbourne Town Hall (Bay St). Rhoda selects a route of about one and a half hours, finishing-up with a lovely cup of coffee.

July 5 and 19
August 2 and 16 and 30
September 13 and 27



Sunrise Walks on Saturdays

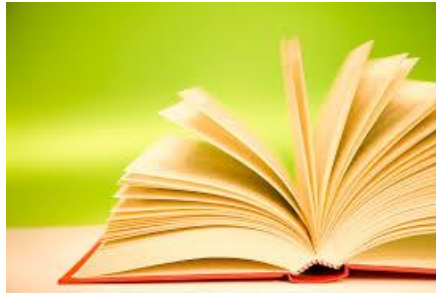
Convenor: Brian 0408 569 518
2nd and 4th Saturdays of the month

Join Brian for an early morning brisk walk around Port Melbourne and environs for approximately one hour, followed by coffee.

Meet at **8.00am** sharp at Port Melbourne Town Hall Bay St, all weather conditions). Early risers most welcome.

July 8 and 22
August 12 and 26
September 9 and 23

Readers and browsers



1st SATURDAY BOOK CLUB

Convenor: Rosie 9646 1533 & 0429 449 655

1st Saturday of the month at 4.30pm

**Room 3, Mary Kehoe Community Centre, 224
Danks St, Albert Park**

**July 1
August 5
September 2**

ELWOOD BOOK CLUB 3rd SATURDAY

Convenor: Carole 0403 933 782 and 9534 8846

We meet on the 3rd Saturday of each month
**4.00pm - 6.00pm at the Elwood Neighbourhood
House.** Afterwards, most of us adjourn to a local
restaurant for dinner and conversation. Come and
join our fantastic Book Group, you will be made
very welcome.

**July 15
August 19
September 16**



Dining out and café conversations



Murray's Dine-outs: 2nd Wednesday @ 7pm

**Details and bookings with Murray –
0429 163 813**

Enjoy a sociable evening over a meal and
a glass or two.

**Wednesday July 12 @ 7pm
Wayside Inn
446 City Road
South Melbourne**

**Wednesday August 9 @ 7pm
Balaclava Hotel
123 Carlisle Street
St Kilda**

**Wednesday September 13 @ 7pm
The Cornerstone
Corner Bay and Raglan Streets
Port Melbourne**

Gillian's Chat 'n' Chew-chew

Lunch @ 12 midday

Friday July 21

Lord Cardigan

**59 Cardigan Place
Albert Park**

Sunday September 24

Tacco & Tosca

**251 Richardson Street
Middle Park**

To book please contact Gillian at
butterflygk@bigpond.com or text 0438 906 080.

Please make sure that you book no later than the
Monday prior to the lunch

Please bring CASH as some restaurants will only take
one payment for group bookings. Please arrive on time
so that ordering is not delayed due to late comers.

ROSIE'S DROP-IN COFFEE

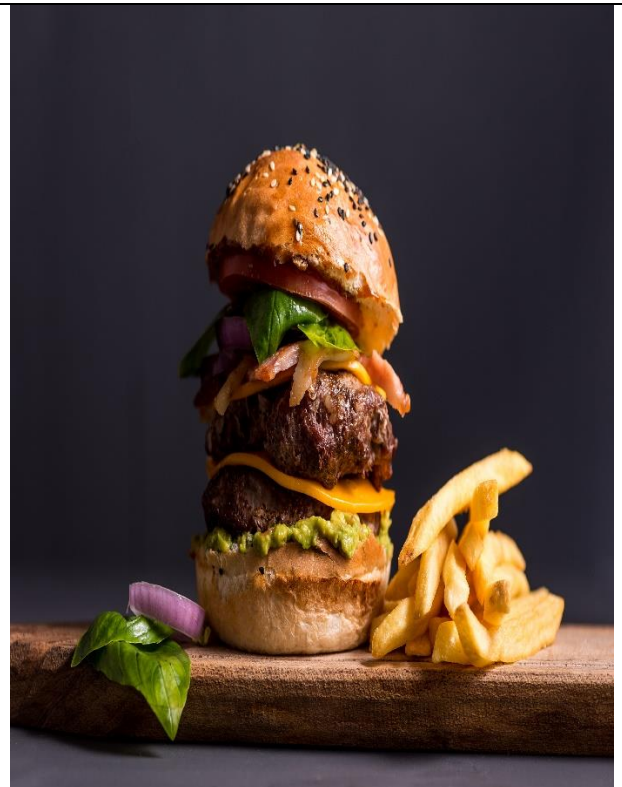
2nd SUNDAY at 11.00am

**Convenor: Rosie 9646 1533
and 0429 449 655**

Coffee, food and conversation

Leona Café
2/285 Bay Street, Port Melbourne

**July 9
August 13
September 10**



Cards and tiles



Duplicate Bridge on Tuesday Afternoons

Convenor: Eddie - 9645 2427

Tuesday afternoons 1.45 – 5pm

Liardet Community Centre
154 Liardet Street
Port Melbourne

No entrance fees charged.

Play is not for beginners and is aimed at
intermediate level and above.

Newcomers welcome!

MAH JONG on Saturdays

-Convenor: Kath 0407 008 388

Email: kathrynrowen@gmail.com

2nd and 4th Saturdays 1.30 - 4.30pm*****

PLEASE NOTE NEW TIME

Port Melbourne Community Room

1/147 Liardet Street, Port Melbourne

(enter from Coles carpark on level 1)

All playing levels, including beginners.

July 8 and 22

August 12 and 26

September 9 and 23

CARDS 500

1st and 3rd Mondays 1.30 – 4.30

Port Melbourne Community Room

1/147 Liardet Street, Port Melbourne
(parking & access from street side of
upper level Coles carpark)

Convenors:

Kath Frowen 0407 008 388

kathrynrowen@gmail.com and

Margaret Smith 0413 550 651

margaretsmith13@gmail.com

July 3 and 17

August 7 and 21

September 4 and 18

RUMMIKUB

Convenor: Phyllis Mason

phymason@gmail.com and 0459 333 150

2nd and 4th Mondays 1.30 - 4.30pm

Port Melbourne Community Room

1/147 Liardet Street, Port Melbourne
(parking & access from street side of upper
level Coles carpark)

All playing levels, including beginners welcome.

July 10 and 24

August 14 and 28

September 11 and 25



PORT PHILLIP LIFE ACTIVITIES CLUB INC.

Registered Association A0052780P

Membership Secretary,

PO Box 717, Port Melbourne VIC 3207

Email: membership@lifeportphillip.org.au

Application for New Membership – Year ending June 2024

	Name (PLEASE PRINT)	Annual Fee	You are paying
Full Member		\$20	\$
Associate Member #		\$8	\$
Postage of Notices & Newsletters	For members who have an email address and wish to have a printed copy mailed to them.	\$10	\$
Total			\$

Associate Member is where you belong to another LAC e.g., IMLAC and you have paid their full fees. If so, you are entitled to a discount to the value of the fee we pay to Life Activities Clubs Victoria Inc.

Address: _____

Phone: _____ Mobile: _____

Email: _____

In the event of admission as a member I agree to be bound by the rules of PPLAC.

Signature _____

Additional Information

To help us provide membership data to our funding bodies and assist with promotions, please provide the following information.

Male ☐ Female ☐

Date of Birth: ____ / ____ / ____ OR please tick one of the options below.

50 or under ☐ 51 – 60 ☐ 61- 70 ☐ 71 - 80 ☐ Over 80 ☐

Emergency contact details:

Name: _____ Phone: _____

Payment Options:

Internet transfers:

Westpac - BSB: **033-018**, Account: **152062**, Account Name: **Port Phillip Life Activities Club Inc.**

Please add your **Name in the "Description" field** so that we know who the credit payment is from.

If your bank does not enable you to provide that description, please note the last 4 digits of your phone number instead.

Cash or Cheque:

Post your cheque to the above address or contact the Membership Secretary (Jan Mulder 0421 073 041) to make cash payment arrangements.

Completed Membership Forms: post or email to the Membership Secretary, addresses at the top of the Form.

Quick Reference Diary: July August September 2023

Activity	Page	Day	Time	July	August	September
Movies and Live Theatre						
Afternoon Cinema	7	Monday	Near 2.00pm	31	28	25
Malvern Theatre	7	Friday	8.00pm	7	-	8
Brighton Theatre	7	Friday	8.00pm	-	-	1
Hikers to Dawdlers						
Bushwalking	8	Saturday	tba	15	19	16
Port Melbourne Walks	8	Wednesday	8.30am	5 and 19	2 and 16 and 30	13 and 27
Sunrise Walks Pt Melb	8	Saturday	8.00am	8 and 22	12 and 26	9 and 23
Readers and Browsers						
1 st Saturday Book Club	9	Saturday	4.30pm	1	5	2
Elwood Book Club	9	Saturday	4 - 6.00pm	15	19	16
Dining and Café Conversations						
Murray's Dine-outs	10	Wednesday	7pm	12	9	13
Chat 'n' Chew Lunch	10	Fri & Sun	12.00pm	21 Fri		24 Sun
Rosie's Drop-in Coffee	10	Sunday	11am	9	13	10
Cards and Tiles						
Duplicate Bridge	11	Tuesday	1.45 - 5pm	all	all	all
Mahjong	11	Saturday	1.30-4.30pm New time	8 and 22	12 and 26	9 and 23
Cards 500	11	Monday	1.30-4.30pm	3 and 17	7 and 21	4 and 18
Rummikub	11	Monday	1.30-4.30pm	10 and 24	14 and 28	11 and 25
Dates to remember: Mid Winter Lunch at Kooyong Tennis Club 11 July. See page 6 for booking details Annual General Meeting - Monday 21 August – details will be sent out closer to the date.						