



PORT PHILLIP LIFE ACTIVITIES CLUB

NEWSLETTER

Activities and Diary

January February March 2024

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Membership Form click [here](#)

PPLAC is a member club of
Life Activities Clubs Victoria Inc.
(LACVI)

Email: office@life.org.au
www.life.org.au



Welcome to new members

Arturo Gandioli-Fumagalli
Maurita Harney
Maureen Mortimor
Caroline Perry

Mike Planinc
Jan Prislin-Planinc
Charles Small
Kerry Wallis

Contact us

Port Phillip Life Activities Club (PPLAC)

PO Box 717, Port Melbourne VIC 3207

Website: www.lifeportphillip.org.au

Registered Association A0052780P

| Committee | | | |
|-----------------------|--------------------|--------------|--|
| President | Tugomir Tucun | 0413 883 815 | president@lifeportphillip.org.au |
| Secretary | Deb Browne | 0439 316 494 | secretary@lifeportphillip.org.au |
| Treasurer | Tugomir Tucun | 0413 883 815 | treasurer@lifeportphillip.org.au |
| Membership Secretary | Jan Mulder | 0421 073 041 | membership@lifeportphillip.org.au |
| Club Carer | Diane West | 9699 7837 | west61256@gmail.com |
| Convenor Co-ordinator | Diane West | 9699 7837 | west61256@gmail.com |
| Newsletter Editor | Patricia Neden | 0419 623 585 | patricia.neden@live.com.au |
| Member | Robert Barnes | 0408 703 809 | bittalo@bigpond.com |
| Member | Judy Chow-Fairhall | 0404 132 661 | judychow61@hotmail.com |
| Member | Sandra Eccles | 0423 056 802 | sandraeccles@gmail.com |
| Member | Ann Franklin | 0412 296 231 | anntfranklin@hotmail.com |

Thinking of joining?: Try an activity or two by emailing or calling the Membership Secretary who will arrange with the convenor(s). Then you can decide whether to join PPLAC.

New members: Welcome to our club. To join in an activity, give the convenor a call so they can meet and greet you and introduce you to others.

Change of contact details:

Please advise the Membership Secretary of any changes to your contact details (address, phone, email, etc).

Membership Form: click [here](#)

EFT payments-so we know who paid us:

When paying via your own internet banking, please ***remember to put your name in the Description/ Reference field eg. "J Citizen subs"***.

If paying in person at a local bank branch, we have been told some banks only accept numbers in the description field.

Please use the last 4 or 6 digits of your phone number & let the Membership Secretary know.

Bank details: Westpac Bank.

BSB: 033 018

Account No: 152062.

Account name:

Port Phillip Life Activities Club Inc.

Insurance: The club has a comprehensive insurance policy for activities run by the club and our Secretary is the contact person. Please advise us regarding any incident that may require an immediate claim or possibly lead to a claim in the future. Also report any incident which could have caused an injury, but didn't (a near-miss).

Club Carer: Do you know of any member who is unwell or has been through a recent tragedy? Please contact our Club Carer.

New activity: Got an idea for a new activity? Contact our Convenor Coordinator, who can help you get it started with lots of advice and support.

This Newsletter is printed by courtesy of the Office of Nina Taylor MP, Member for Albert Park

President's Snapshot

A message from Port Phillip Life Activities' Club President, Tugo Tucun

I am happy to report that this quarter has been a good one for our Club as all our activities have been back in full swing and running like clockwork. We are so grateful to our convenors who continue to commit themselves so willingly and make these things happen on our behalf. They are the essence of our continued success and I am therefore always happy to recognise them individually.

Our Convenors are:

Brian Bethune – Walks
Carole Gordon – Book Club
Eddie Tromp – Bridge
Gillian Kemp – Luncheons & Special Events
Kath Frowen – Mahjong, Cards & the annual Archibald excursion
Linda Charing – Bolivia (very popular recent addition)
Margaret Smith – Cards & Mahjong
Murray Robertson - Theatre & Dining
Patricia Neden – Newsletter editor & Flyers
Phyllis Mason – Rummikub
Rhoda Lysakowski – Movies & Walks
Rob Barnes – Luncheons & Outings (especially anything marine)
Rosie Attard – Book Club & Coffee Club.

Our **Christmas party** was a success despite attendances being affected by several illnesses that were brought about by some nasty viruses. We had a quota of 45 attendees allocated to us by the venue management and a week prior to the event we had 6 people on the waiting list. However, that list was unexpectedly converted to a shortage of 6 on the day.

Unfortunately, our chief convenor, Gillian, was one of the victims and sadly was unable to attend. Thankfully Judy Chow-Fairhall stepped up to the plate and filled in for Gillian, and she was ably assisted by Murray Robertson and committee members Deb Browne and Jan Mulder.

Kath Frowen, Margaret Smith and Phyllis Mason were kind enough to organise a “joint end of year lunch and games afternoon” for the players of Mahjong, Cards 500, and Rummikub... great afternoon and well attended. Thank you very much ladies... it was very much appreciated and your “tasteful” dining presentation was quite impressive.

Our **financial status** remains very healthy with our bank balance as at mid-December being \$3,570. We don't anticipate any major expenses (subsidised events excepted) occurring until the end of the year when the LACVI levy will become due. However, this levy will be materially offset by the anticipated receipts of our members subscriptions for the new year which will be due around that time.

On behalf of your committee, I wish you a Merry Christmas and a Happy and Healthy New Year.

We look forward to seeing you often at PPLAC events in the new year.

Kindest regards, Tugo

Out and About

PPLAC Members visited the Melbourne Museum

On 10 October 2023, Members enjoyed exploring the diverse and interesting galleries with many new exhibits on display, including the 67 million years old Triceratops fossil, discovered in the USA in 2014. The visit was followed by an enjoyable lunch at the onsite Museum Mercury restaurant. Robert Barnes, Committee Member



Out and About

A film review for you..... from Rhoda Lysakowski

Rhoda convenes the Monday afternoon film group (first Monday of the month).

Anatomy of a Fall - Winner of 2023 Palm d'Or

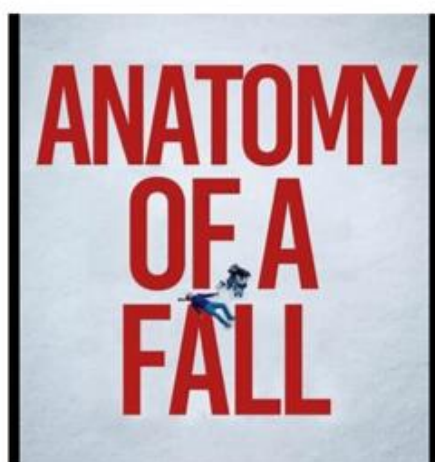
Director Justine Triet- Actors Sandra Huller as Sandra, Samuel Theis as Samuel and Milo Machado-Graner as Daniel.

A man is found in the snow below a three-story chalet in the French Alps...did he fall or was he pushed?

Fine acting, a really good script & great direction make this the best film I have seen this year.

In the 150 minutes (much of it spent in the Grenoble courtroom) we learn a lot about the relationship between Sandra & Samuel & how our understanding of the truth can vary greatly when trying to justify our actions. Their son Daniel's lack of vision adds to the tension & drama within the family.

You will find yourselves thinking & discussing this excellent movie long after it ends.



PIC•COLLAGE

Out and About

The Port Phillip Life Activities Club **Christmas lunch** was held at the Albert Park Yachting and Angling Club on December 14.

Great opportunity to relax, mix, catch up and meet new friends over a delicious lunch in a brilliant setting.



Out and About

Archibald finalists exhibition at the Mornington Peninsula Regional Gallery

In late October eight members made the journey to Mornington to visit this annual exhibition. Due to train disruptions, we car pooled (thanks to Murray and Kath) and had a delightful day. The exhibition had 57 art works of amazing variety, some of us even agreed with the winning entry!

We followed our visit with a nice lunch and then a lovely wonder around the Mornington Botanical Rose Garden, located next to the Gallery. The perfume was divine and there was a magnificent variety of roses on display.

A most enjoyable day out. *Kathryn Frowen, Convenor*



Out and About

Port Phillip Life Activities Club Members

All Welcome Tuesday 23 January



TITANIC

The Artefact Exhibition - Melbourne Museum

After a smash-hit reception in Paris and the USA, the exhibition has arrived in Melbourne and is an experience not to be missed.

*Timed entry at **11 am Tues 23 Jan 2024**. Meet inside foyer at main entrance at **10.45 am**.*

Purchase tickets online or by calling Museum on 13 11 02. As timed entry days can be booked out, if you wish to attend please book your ticket as early as convenient for you.

Adult \$32.50 | Child \$18 | Concession \$22.50 | Member \$14. Includes Museum entry.

You will be handed a boarding pass on entry to the exhibition with details of a passenger on that voyage. The only Exhibition in Australia to feature more than 200 real artefacts recovered directly from the wreck site. *The Exhibition* focuses on the voyage's compelling human stories, taking visitors on a memorable journey through the events of that fateful night.

After visiting the exhibition, meet for coffee/lunch at the onsite café.

Getting there: By Tram: No 86 or 96 from Bourke St city, to Museum Stop No 11.

Please contact Rob by 19th Jan if you would like to attend, or for more details.

Mob: 0408 703 809 Email: bittalo@bigpond.com

[Museum website: museums.victoria.com.au](https://museums.victoria.com.au)

Movies and live theatre



AFTERNOON CINEMA MONDAYS

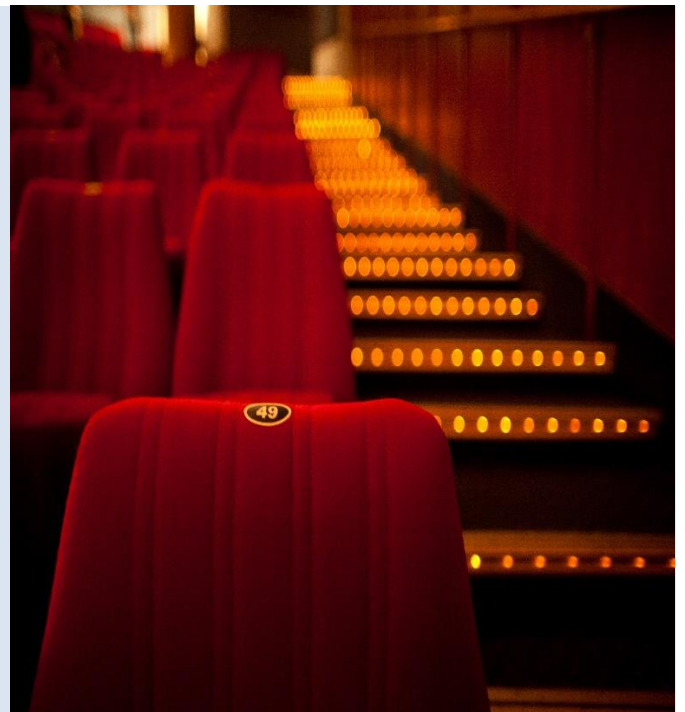
Convenor: Rhoda 0421799781

First Monday of the month
Rhoda selects a film showing either at the
Nova Carlton or Kino Collins Street cinemas
at an afternoon session.

The film and location are selected on the previous
Thursday.

Please ring Rhoda for details.

No film in January
5 February
4 March



Malvern Theatre Company

29a Burke Rd, East Malvern

Convenor: Murray – 0429 163 813

Information on plays www.malverntheatre.com.au

The Lifespan of a Fact
“fast-paced comedy of deliberate errors”

Friday 1 March @ 8pm

Tickets \$25

Please contact Murray if you're interested in attending

Brighton Theatre Company

Cnr. Wilson & Carpenter Sts., Brighton. 3186

Convenor: Murray – 0429 163 813

Information on plays www.brightontheatre.com.au

Love Song
“an off-beat romantic comedy”

Friday 23 February @ 8pm

Tickets \$25

Please contact Murray if you're interested in attending

Walkers & Games



Sunrise Walks on Saturdays

Convenor: Brian 0408 569 518

2nd and 4th Saturdays of the month

Join Brian for an early brisk walk around Port Melbourne and environs for approximately one hour, followed by coffee.

**Meet at 8.00am sharp
at Port Melbourne Town Hall,
Bay Street (all weather
conditions).**

January 13 and 27

February 10 and 24

March 9 and 23

Port Melbourne Wednesday Walks

**Convenor: Rhoda
0421 799 781**

Every Fortnight

Starting at **8.30am** from the Port Melbourne Town Hall (Bay St). Rhoda selects a route of about one and a half hours, finishing-up with a lovely cup of coffee.

**January 3 and 17 and 31
February 14 and 28
March 13 and 27**

RUMMIKUB

Convenor: Phyllis Mason
phymason@gmail.com and 0459 333 150

2nd and 4th Mondays, 1.30 - 4.30pm

Port Melbourne Community Room
1/147 Liardet Street
Port Melbourne
(enter from Coles carpark on level 1)

All playing levels, including beginners.

**January 8 and 22
February 12 and 26
March 11 and 25**

Mahjong on Saturdays

Convenor: Kath 0407 008 388
Email: kathrynfrowen@gmail.com

2nd and 4th Saturdays 1.30 – 4.30pm

Port Melbourne Community Room
1/147 Liardet Street
Port Melbourne
(enter from Coles carpark on level 1)

All playing levels, including beginners.

**January 13 and 27
February 10 and 24
March 9 and 23**

Readers & Browsers



1st SATURDAY BOOK CLUB

Convenor: Rosie 9646 1533 & 0429 449 655

1st Saturday of the month at 4.30pm

**Room 3, Mary Kehoe Community Centre,
224 Danks St, Albert Park**

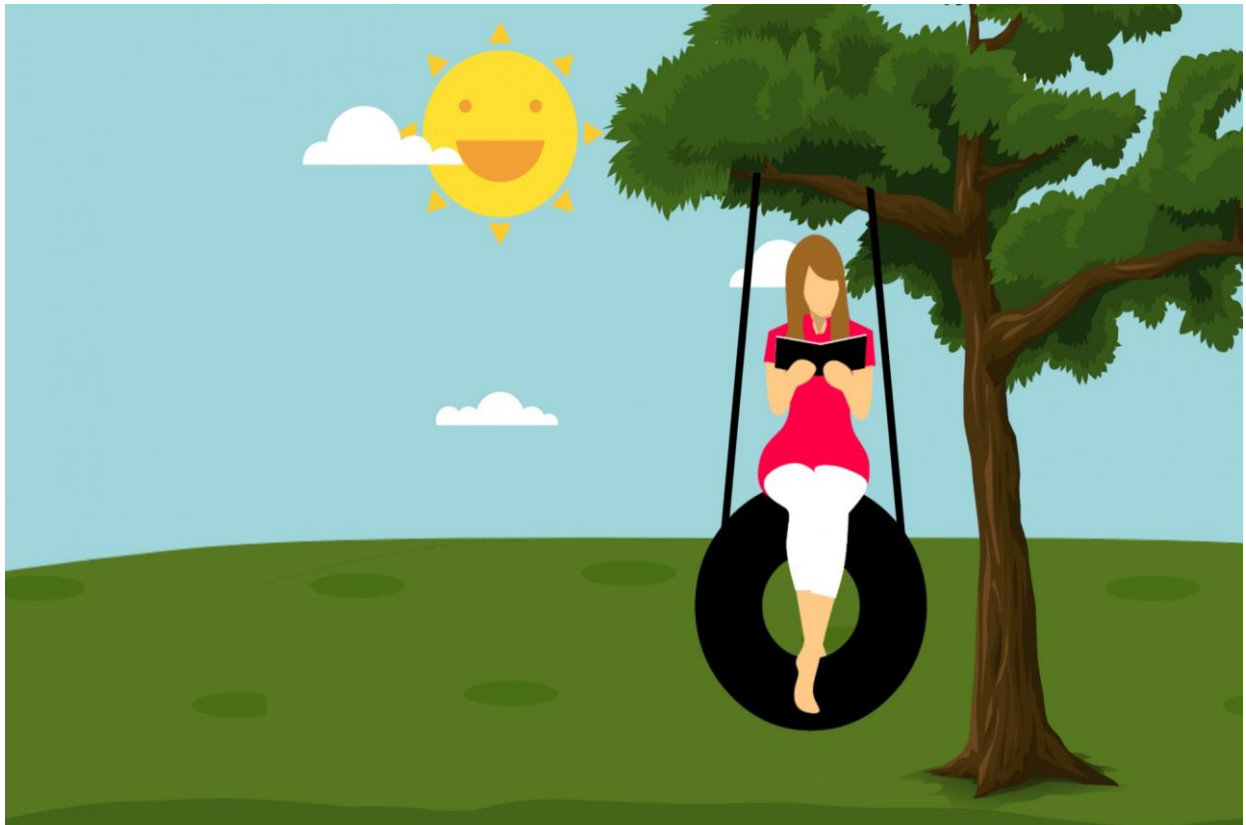
**January 6
February 3
March 2**

ELWOOD BOOK CLUB 3rd SATURDAY

Convenor: Carole 0403 933 782 and
9534 8846

We meet on the 3rd Saturday of each month
4.00pm - 6.00pm at the Elwood Neighbourhood
House. Afterwards, most of us adjourn to a local
restaurant for dinner and conversation. Come and
join our fantastic Book Group, you will be made
very welcome.

**January 20
February 17
March 16**



Dining out and café conversations



Murray's Dine-outs: 2nd Wednesday @ 7pm

**Details and bookings with Murray –
0429 163 813**

Enjoy a sociable evening over a meal and
a glass or two.

**Wednesday January 10 @ 7pm
The Corner Stone
Cnr Bay and Raglan Streets
Port Melbourne**

**Wednesday February 14 @ 7pm
375 Inkerman Hotel
Inkerman Street
St Kilda**

**Wednesday March 13 @ 7pm
Bells Hotel
157 Moray Street
South Melbourne**

Gillian's Chat 'n' Chew-chew

Lunch @ 12.15pm

Friday February 16

***Lord Cardigan*
59 Cardigan Place
Albert Park**

To book please contact Gillian at
butterflygk@bigpond.com or text 0438 906 080.

Please make sure that you book no later than the
Monday prior to the lunch

Please bring CASH as some restaurants will only take
one payment for group bookings. Please arrive on time
so that ordering is not delayed due to late comers.

ROSIE'S DROP-IN COFFEE

2nd SUNDAY at 11.00am

**Convenor: Rosie 9646 1533
and 0429 449 655**

Coffee, food and conversation

Leona Café
2/285 Bay Street, Port Melbourne

**No drop-in coffee in January
February 11
March 10**



Cards



Duplicate Bridge on Tuesday Afternoons

Convenor: Eddie - 9645 2427

Tuesday afternoons 1.45 – 5pm
No play 2 January.
Play resumes 9 January.

Liardet Community Centre
 154 Liardet Street
 Port Melbourne

No entrance fees charged.
 Play is not for beginners and is aimed at
 intermediate level and above.

Newcomers welcome!



CARDS 500

1st and 3rd Mondays 1.30 – 4.30pm

Port Melbourne Community Room

1/147 Liardet Street,
 Port Melbourne

(parking & access from street side of
 upper level Coles carpark)

Convenors:

Kath Frowen 0407 008 388
kathrynfrowen@gmail.com and
Margaret Smith 0413 550 651
margaretsmith13@gmail.com

January 15 (No cards 1 January)

February 5 and 19

March 4 and 18

BOLIVIA

Convenor: Linda Charing
lindacharing@gmail.com and 0424 706
 141

First Sunday of the month 2.30 - 6.00pm

Port Melbourne Community Room
 1/147 Liardet Street, Port Melbourne
 (parking & access from street side of upper
 level Coles carpark)

*All playing levels, including beginners
 welcome.*

January 7
February 4
March 3

Port Phillip Life Activities Club

Quick Reference Diary: January February March 2024

| Activity | Page | Day | Time | January | February | March |
|--|------|-----------|-------------|--|-----------|-----------|
| | | | | | | |
| Afternoon Cinema | 9 | Monday | Near 2.00pm | No film | 5 | 4 |
| Malvern Theatre | 9 | Friday | 8.00pm | - | - | 1 |
| Brighton Theatre | 9 | Friday | 8.00pm | - | 23 | - |
| | | | | | | |
| Walkers and Games | | | | | | |
| Port Melbourne Walks | 10 | Wednesday | 8.30am | 3 and 17 and 31 | 14 and 28 | 13 and 27 |
| Sunrise Walks Pt Melb | 10 | Saturday | 8.00am | 13 and 27 | 10 and 24 | 9 and 23 |
| Rummikub | 10 | Monday | 1.30 – 4.30 | 8 and 22 | 12 and 26 | 11 and 25 |
| Mahjong | 10 | Saturday | 1.30 – 4.30 | 13 and 27 | 10 and 24 | 9 and 23 |
| | | | | | | |
| Readers and Browsers | | | | | | |
| 1 st Saturday Book Club | 11 | Saturday | 4.30pm | No book club | 4 | 2 |
| Elwood Book Club | 11 | Saturday | 4 - 6.00pm | 20 | 17 | 16 |
| | | | | | | |
| Dining and Café Conversations | | | | | | |
| Murray's Dine-outs | 12 | Wednesday | 7pm | 10 | 14 | 13 |
| Chat 'n' Chew Lunch | 12 | Friday | 12.15pm | - | 16 | - |
| Rosie's Drop-in Coffee | 12 | Sunday | 11am | No drop-in coffee | 11 | 10 |
| | | | | | | |
| Cards | | | | | | |
| Duplicate Bridge | 13 | Tuesday | 1.45 - 5pm | No Play 2 Jan. Play on 9, 16, 23, 30 | all | all |
| Bolivia | 13 | Sunday | 2.30-6.00pm | 7 | 4 | 3 |
| Cards 500 | 13 | Monday | 1.30-4.30pm | (No cards 1 Jan) 15 | 5 and 19 | 4 and 18 |
| <i>Dates to remember:</i> <i>Autumn BBQ date yet to be finalised. March or April.</i> | | | | | | |